

# Respiratory Protection Administrator and Fit Testing – Train-the-Trainer

NC Public Health Preparedness and Response (PHP&R)

## Purpose For Training

The purpose of this training is to provide long term care facilities in North Carolina information to administer an Occupational Safety and Health Administration (OSHA) compliant Respiratory Protection Program per OSHA 29 CFR 1910.134.

OSHA requires any employer where staff utilize respirators (N95s) as a function of employment to implement a Respiratory Protection Program.

Upon completion of this training attendees will have the necessary Information to administer an OSHA compliant respiratory protection program.

## Who Can Attend This Training?

The target audience is individuals who will serve as Respiratory Protection Program Administrators at long term care facilities in North Carolina.

## Training Description

Attendees will be provided guidance on creating an OSHA compliant Respiratory Protection Program that includes:

- Procedures for selecting respirators
- Medical evaluations
- Creating a written respiratory plan
- Fit testing procedures
- Use of respirators in daily use and emergencies
- Cleaning, storage, and inspection of respirators
- Training employees of respiratory hazards
- Training employees how to properly use the respirators
- Procedures to regularly evaluate the effectiveness of the respiratory program



## What Is Respirator Fit Testing?

Fit Testing must be conducted as part of the Respiratory Protection Program to ensure that the respirator worn is both comfortable and properly fitted.

Properly fitted respirators are important to make sure that the wearer is protected against airborne hazards in their work area.

Fit testing is required before a respirator can be worn, annually, and if any physical changes occur that affect the respirator fit.



## Contact Information

For additional information, please contact Chris Allen  
919-218-8279  
[christopher.allen@dhhs.nc.gov](mailto:christopher.allen@dhhs.nc.gov)